



## Safety Tips for Parents



*Every parent should know and follow these safety tips. Please take the time to read and share this information with your children.*

- **TAKE RESPONSIBILITY:** Know where your children are at all times. Be familiar with their friends and daily activities.
- **BUILD SELF-ESTEEM:** A child who has low self-esteem is ill-equipped to protect himself/herself. Listen carefully to your children's fears, be supportive in all your discussions with them, and replace fear with knowledge.
- **TEACH DECISION-MAKING:** Children of all ages can make decisions. Practice early with little decisions so big decisions later are easier. Teach them to trust their own feelings, and assure them they have the right to say NO to what they sense is wrong.
- **BUILD SUPPORT SYSTEMS:** Children need positive adult role models and need to know where to go for help.
- **CHOOSE SUBSTITUTE CARE-GIVERS CAREFULLY:** Interview and monitor babysitters, group leaders, youth pastors, etc. Be alert to **anyone** who is paying an unusual amount of attention to your children or giving them inappropriate or expensive gifts.
- **PROTECT KIDS WHO ARE HOME ALONE:** Set ground rules, emergency

*more tips* →

